

*Two sisters talking about getting COVID-19 in 2023.*

**Sister 1:** I cannot believe I got COVID in 2023, it doesn't even feel real anymore.

*Sister 2 sitting far away with a mask on.*

**Sister 2:** I know, it's crazy that three years have passed since the pandemic. It feels like we were just getting vaccinated yesterday.

**Sister 1:** And now the vaccine seems to have gone extinct. How are we going to stay safe in what is supposed to be a "post-pandemic world"? This is the second time I've had the virus.

**Sister 2:** I feel like we're allowed to return to our everyday lives, but we still need to be cautious. It's good that you got tested the minute you started showing symptoms.

**Sister 1:** I know, and I made sure to immediately self-isolate to prevent further spread.

**Sister 2:** Even little things like constantly washing my hands when the pandemic first started - It seems like common sense, but we should still be encouraging everyone to continue those practices.

**Sister 1:** Agreed. I don't even care if masks seem outdated, if I'm feeling sick, I am going to wear one, just to be safe.

*Sister 1 coughs.*

**Sister 2:** Life is finally back to normal, but we still have to be cautious to prevent the past three years from recurring! I do not want to relive that. Now stay away from me and cough in a tissue, I don't want to catch that again!

**Sister 1:** Hey, I am already 6 feet away from you!

*Both sisters start laughing.*

*Endnote - Even though life is back to normal, COVID-19 is not gone. It is important to keep protecting ourselves and others from spreading the virus. Make sure to test if you're feeling symptoms, stay home if you're sick, wash your hands often, and minimize touching your eyes, nose, and mouth. Please look out for the health and safety of everyone around you.*