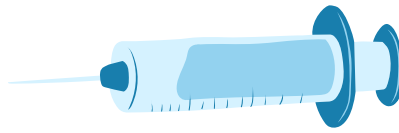


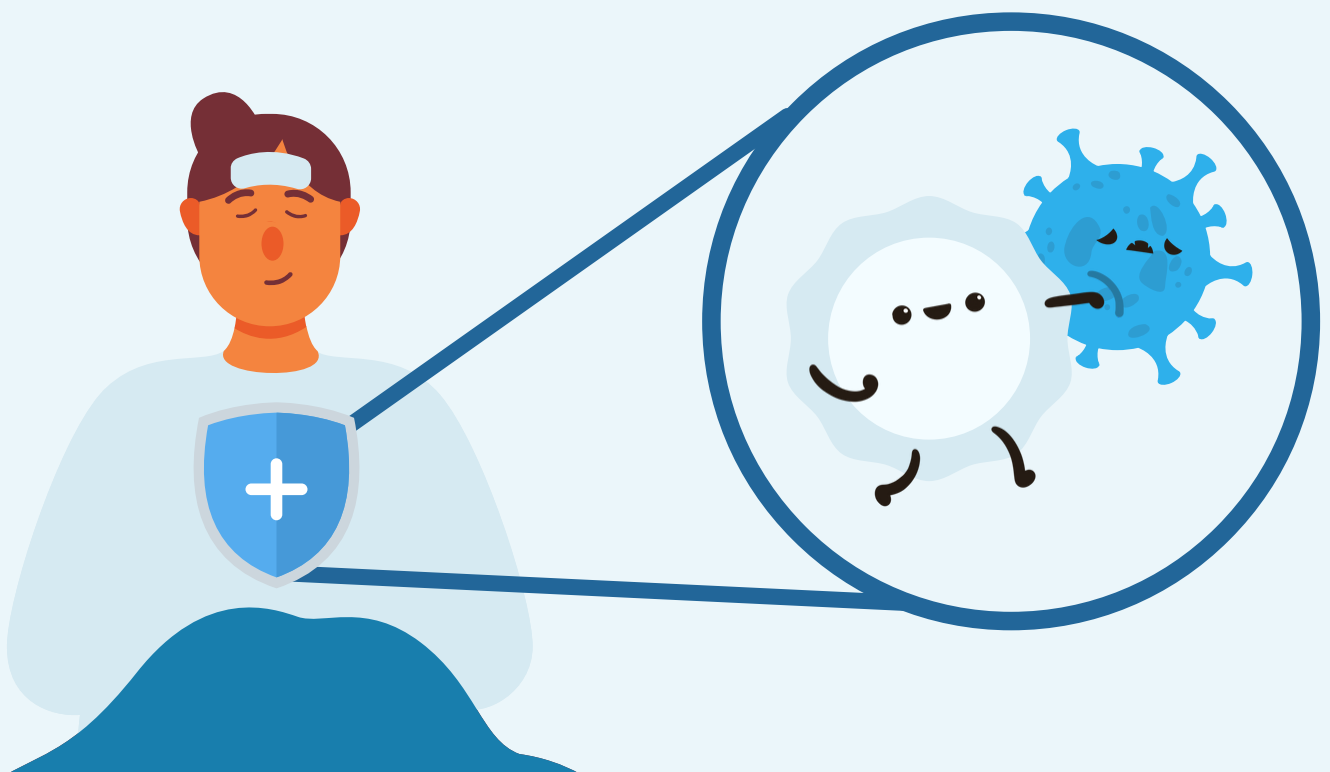
BOOSTER DOSE FACTS



WHAT IS A BOOSTER DOSE?

The National Advisory Committee on Immunization (NACI) has updated booster dose recommendations based on studied vaccine effectiveness, present risk of exposure to SARS-CoV-2 in Canada, the risk of hospitalization and serious illness from COVID-19, and the burden on the health care system from increased number of infections.

Booster doses “BOOST” your immune system and remind your body about the virus it needs to continue fighting. Booster doses are a normal and necessary part of many vaccination process. For COVID-19, like other diseases, immunity decreases overtime. So, booster doses are essential in making immune responses more permanent and effective in defending against COVID.



SOURCE: [Ministry of Health – Ontario](#)



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