PUBLIC SAFETY MEASURES

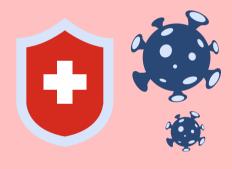
COVID-19 & Respiratory Viruses (1)

Tips to Prevent Spread

Stay up-to-date with your vaccinations including a fall COVID-19 booster and flu vaccine when eligible for the best protection against getting very sick from COVID-19 and influenza.



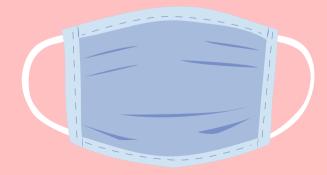
Even if you have had a recent COVID-19 infection, staying up-to-date with your vaccinations gives you stronger <u>hybrid immunity</u>.



Socialize outdoors when possible – outdoors is lower risk than indoors.



Wear a high quality, well-fitting <u>mask</u>, especially indoors, and based on the setting and situation. Masks are strongly recommended in indoor public settings, and especially if you are around people who are at higher risk or have a health condition.



Stay home if you are <u>sick or</u> <u>have symptoms</u>, even if they are mild.



SOURCE: Toronto Public Health



